## **Governors State University**

Student Affairs and Enrollment Management: Reaching Vision 2020

Focus Area: Student Wellbeing

Leader(s): Erica Wade, Robin Sweeney

**Implementation Year: 2018-2019** 

**Goal 3:** Advance mental and physical health related outcomes and services by promoting healthy behaviors, educating students, and providing current knowledge information regarding specific wellness topics.

Objective 1:	Evaluate on-going health center care to promote wellness
Action Items	Collect and analyze data from health center patient survey
Indicators and Data Needed	Data is collected and analyzed throughout each academic semester; at least 70% of evaluations are completed by clients seen
(Measures that will appraise progress towards the strategic objective)	
Responsible Person and/or Unit (Data collection, analysis reporting)	Erica Wade, Director Counseling & Wellness, Dawn Lantz, Cassandra Brooks, Eva Brumfield and Jacqui Alvarez (Advocate Health Care)
Milestones (Identify Timelines)	
Desired Outcomes and Achievements  (Identify results	To enhance the student experience and increase well-being and physical health awareness
expected)	

Objective 2:	Develop and implement evaluation procedure to assess effectiveness of Health
	& Student Counseling center outreach activities
Action Items	Distribute an evaluation form to students after each outreach
	presentation/workshop
Indicators and Data	At least 70% of evaluations completed for each outreach
Needed (Measures	presentation/workshop.
that will appraise	
progress towards the	
strategic objective)	
Responsible Person	Erica Wade, Director Counseling & Wellness, Cassandra Brooks, FNP and
and/or Unit (Data	Jacqui Alvarez (Advocate Health Care)
collection, analysis	
reporting)	
Milestones (Identify	
Timelines)	
<b>Desired Outcomes</b>	To demonstrate the impact and effectiveness of medical services through
and Achievements	empirical evidence
(Identify results	
expected)	
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Objective 3:	Promote student wellbeing behaviors and services through student outreach involving collaboration with other GSU key stakeholders.
Action Items	<ul> <li>Create and implement Disabilities Awareness month event and/or workshops.</li> <li>Implement Student Success Workshops.</li> <li>Collaborate with other departments and/or divisions to promote healthy behaviors, preventions, and/or awareness.</li> </ul>
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Number of students attending events and workshops.
Responsible Person and/or Unit (Data collection, analysis reporting)	Robin Sweeney, Director of Student Disability Services

Milestones (Identify	Outreach for student awareness and collaboration with other departments to
Timelines)	start in Fall 2018.
<b>Desired Outcomes</b>	To increase student awareness on healthy behaviors and resources offered on
and Achievements	campus.
(Identify results	
expected)	

Objective 4:	Assist with implementation of Disabilities Services Advisory Board to address student well-being.
Action Items	<ul> <li>Work in collaboration with faculty senate to create and define the Disabilities Services Advisory Board.</li> <li>Assist with planning to implement committee and an agenda.</li> </ul>
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Establish the charge of the Disabilities Services Advisory Board before it launches in July 2019.
Responsible Person and/or Unit (Data collection, analysis reporting)	Robin Sweeney, Director of Student Disability Services
Milestones (Identify Timelines)	Planning will begin in Fall 2018.
Desired Outcomes and Achievements (Identify results expected)	The desired outcome is to have the Disabilities Advisory Board in place by July 1, 2019.  Increase collaboration between faculty and staff to promote student wellbeing, resources, and address concern issues.